

What Does Liberation Sound Like?

An instrument-building workshop and collective music-making event

When: Saturday, October 2, 2021

Workshop from 10:00 am to 5:00 pm

Public sharing from 5:00 to 6:00 pm

Where: [The Cannery](#) at South Penobscot

207 Southern Bay Rd., Penobscot, ME 04476

Restorative justice advocates often look to the traditional African concept of *ubuntu* (which has varied translations related to human connectivity) to ground their movement toward progressive incarceration alternatives. Similarly, the *mbira* (pronounced *em-BEE-ra*), a family of musical instruments native to the Shona people of Zimbabwe, hold history and knowledge that can inspire us. Traditionally played to call the ancestors, the *mbira* became instruments of resistance to colonial rule and a source of sonic resilience during Zimbabwe's liberation movements. How might the *mbira*—building them, playing them, making music with them together—help us find our own sounds of liberation?

This **free workshop** is limited to 12-15 participants. No instrument-building or music-making experience necessary. All materials will be provided. Lunch will be provided, too!

The organizers kindly request that all participants be vaccinated against COVID-19, with limited exceptions made for participants with legitimate medical conditions (in which case, masking and physical distancing will be required).

For more information, and to sign up, please contact: info@cannerysouthpenobscot.org



This workshop and event are part of [Freedom & Captivity](#), a state-wide humanities initiative for an abolitionist future.

































